



EDUCATION PROGRAMME OVERVIEW



AGE GROUP PROGRAMME

What is it all about?

The World Gymnastics Age Group Programme is an effort to provide “ready-to-use” physical preparation, technical preparation, and competition programmes for countries with little experience with contemporary international gymnastics and for the many countries that do not have the resources to develop a programme of their own.



ACADEMY PROGRAMME

What is it all about?

The Academy programme is a worldwide education programme for coaches starting from the Foundation of Gymnastics course, dedicated to present the elementary aspects of the World Gymnastics Education Programme; and other courses for each of the World Gymnastics competitive disciplines: MAG, WAG, RG, TRA&TUM, ACRO, AER and PK. For the competitive disciplines there are three levels of Academy: Level 1, Level 2 and Level 3.

BENEFITS

The WGYM Education Programme offers the following benefits:

- WGYM international experts
- Connections with international coaches
- Interactive courses
- Extensive library of education materials
- Free Online Seminars
- WGYM Course Completion Certificate
- WGYM Diploma

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For queries:
development@worldgymnastics.sport
WGYM Website:
www.gymnastics.sport



PROGRESSION WITHIN THE EDUCATION SYSTEM

The Academy Programme and Age Group Programme are connected, complimenting each other to achieve a robust educational system. This is the recommended programme flow.



Only eligible coaches can be awarded the coach brevet. See more details in the Academy Policies.

Following an Academy, coaches can obtain a diploma as a qualification to coach the discipline.

To be a coach, you must have the minimum knowledge of the basics of your discipline. New coaches must familiarise themselves with the Age Group Programme before they can participate in a WGYM Academy.